

							Start CET	End CET	Start LOC	End LOC	
27 Nov 26	Fri	W	Cross-Country	Ruka	FIN	10km Interval Start C	10:30	11:45	11:30	12:45	1:15
27 Nov 26	Fri	M	Nordic Combined	Ruka	FIN	Individual LH	12:15	13:05	13:15	14:05	0:50
27 Nov 26	Fri	M	Cross-Country	Ruka	FIN	10km Interval Start C	13:15	14:30	14:15	15:30	1:15
27 Nov 26	Fri	M	Nordic Combined	Ruka	FIN	IC 7.5km	15:15	15:45	16:15	16:45	0:30
27 Nov 26	Fri	M	Ski Jumping	Ruka	FIN	Individual LH - Qualification	17:15	18:15	18:15	19:15	1:00
28 Nov 26	Sat	M / W	Cross-Country	Ruka	FIN	Sprint C - Qualification	8:45	9:45	9:45	10:45	1:00
28 Nov 26	Sat	M	Nordic Combined	Ruka	FIN	Individual LH	10:15	11:05	11:15	12:05	0:50
28 Nov 26	Sat	M / W	Cross-Country	Ruka	FIN	Sprint C - Final	11:15	13:00	12:15	14:00	1:45
28 Nov 26	Sat	M	Nordic Combined	Ruka	FIN	IG 10km	14:00	14:30	15:00	15:30	0:30
28 Nov 26	Sat	M	Ski Jumping	Ruka	FIN	Individual LH	16:30	18:15	17:30	19:15	1:45
29 Nov 26	Sun	M	Nordic Combined	Ruka	FIN	Mass Start	9:00	9:30	10:00	10:30	0:30
29 Nov 26	Sun	M	Cross-Country	Ruka	FIN	20km Mass Start F	10:00	10:55	11:00	11:55	0:55
29 Nov 26	Sun	M	Nordic Combined	Ruka	FIN	Individual LH	11:00	11:55	12:00	12:55	0:55
29 Nov 26	Sun	W	Cross-Country	Ruka	FIN	20km Mass Start F	11:55	13:00	12:55	14:00	1:05
29 Nov 26	Sun	M	Ski Jumping	Ruka	FIN	Individual LH - Qualification	12:45	13:45	13:45	14:45	1:00
29 Nov 26	Sun	M	Ski Jumping	Ruka	FIN	Individual LH	14:20	16:05	15:20	17:05	1:45